



# **Co-Curricular Programme**

2024

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## King's College

Mr. Graham Bruce founded King's College in 1896 to provide "the best all-round education it is possible to obtain."

While our priority remains academic excellence in the classroom, we are proud to offer a wide range of co-curricular activities to deliver this vision of the best all-round education.

Participation in these activities...

- Helps promote engagement with the King's College values
- Provides a transformative experience through which students can prepare themselves to succeed in the many and varied roles they will undertake in future life.

Involvement in co-curricular:

- Fosters teamwork, collegiality and a sense of community
- Opens the eyes of students to new and unexpected interests and skills
- Develops self-esteem, self-confidence and self-belief
- Extends learning and education beyond the classroom.

"There is more to us than we know. If we can be made to see it, perhaps for the rest of our lives we will be unwilling to settle for less."

- Kurt Hahn



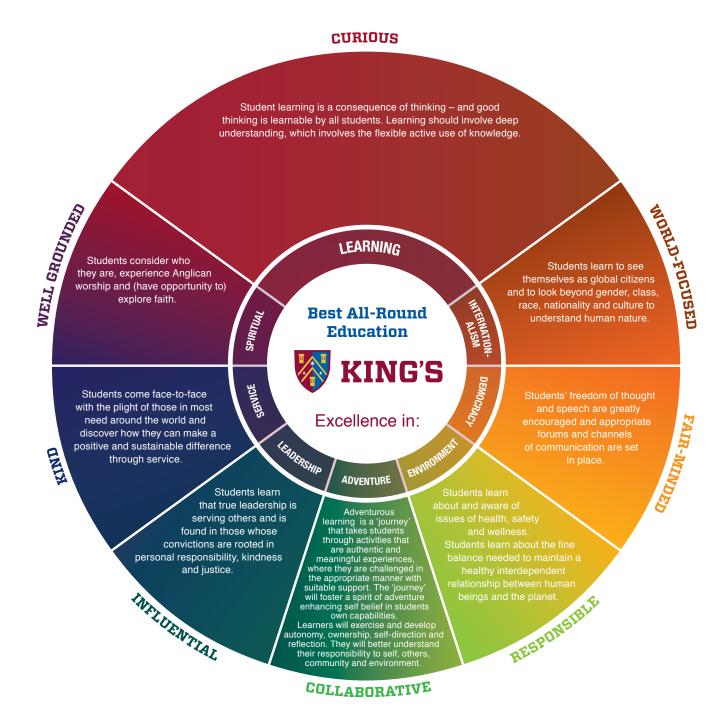
## Eight pillars

The King's College curriculum is based on eight pillars that help foster the development of students.

These pillars are based on the six themes of Round Square - a network of schools committed to character education and experiential learning.

The co-curricular activities at King's College stretch across a variety of our eight pillars.

Students are eligible for Cultural, Service and Sports Colours for outstanding achievement and contribution.



"Education must enable young people to effect what they have recognised to be right, despite hardships, despite dangers, despite inner skepticism, despite boredom, and despite mockery from the world." - Kurt Hahn

Students are encouraged to make the most of the opportunities on offer. However it is important that they choose the activities they will get involved in carefully so that they don't end up over committing themselves. They should keep in mind the following guidelines:

- Academic work is the major priority. Students need to be organised so that activities have minimal impact on their academic work.
- Try and keep a balanced portfolio of activities rather than specialising too early.
- Don't over commit by doing too many activities.
- Stretch yourself at some stage by trying something you would not normally do.



## Student responsibilities

- When a student commits himself or herself to an activity at the start of the season, they are obliged to maintain that commitment for the whole season.
- Students representing the College must wear the correct uniform and safety equipment at all times. No variations are acceptable and no other garments should be visible underneath the uniform except where approved by the College.
- Students are expected to uphold the good reputation of the College, both off and on the field, or at outside venues.
- Students are expected to attend all relevant practices, matches, performances and team meetings and any other appropriate activity on time. If students cannot attend a performance, practice or match, they are expected to make every effort to contact the Teacher-in-Charge prior to the event. When making appointments or other personal arrangements, you must endeavour to avoid meeting, practice and game times. Once you commit yourself to a team you must show loyalty to the team and make it a priority. If necessary make some sacrifices for the team, even if it does not suit you.
- All students will adhere to the principles of Fair Play and Sportsmanship which includes always respecting your opponents and the officials, playing hard and fair within the rules.
- Students are encouraged to watch school sport and cultural activities when they are not participating.
- Where appropriate, students who are injured will be expected to support the sporting and cultural codes.
- Students are actively encouraged to maintain traditions that indicate appreciation of the opposition and/or officials at the end of the match including the shaking of hands and a team cheer.
- It is the responsibility of all players to thank the opposition, the opposition coach and the game officials at the end of the game.



## Parent responsibilities

## **Supportive parents**

- Enjoy the involvement of their child in his or her chosen activity. It shouldn't be a stress but a character building experience for all involved and something that can be shared together from playing, watching and talking about it.
- Appreciate what the activity is doing for their child from social confidence all the way through to a podium.
- Consider the time and financial cost as an investment in your child's development, health and well being.
- Allow a child to think for themselves, encouraging and motivating when required.
- Ensure they are a healthy role model on the sideline.
- Adhere to the principles of Fair Play and Sportsmanship, which includes always respecting the opponents, officials, coaches and managers.

## Participation expectations

## Years 9, 10 and 11

Will be required to choose a minimum of two activities (one from each of the compulsory option columns) on the list provided in this booklet.

- Select at least one activity from Compulsory Option 1 and at least one different activity from Compulsory Option 2.
- Select at least one Sport unless you have received a dispensation from the Head of Sport
- Selection for some activities are by audition or trial only so you can select it but that does not guarantee you will get into that activity. If you miss out you are expected to find an alternative activity.
- Choose your two or more activities carefully as once you have been selected for that activity you will be expected to attend all practices, performances and competition events. This includes activities scheduled in Term Four.

### Year 12

Will be required to choose a minimum of one activity from the compulsory option column on the list provided in this booklet.

- Select at least one activity from Column A.
- Selection for some activities are by audition or trial only so you can select it but that does not quarantee you will get into that activity. If you miss out you are expected to find an alternative activity.
- Choose your activity carefully as once you have been selected for that activity you will be expected to attend all practices, performances and competition events. This includes activities scheduled in Term Four.

#### Year 13

Have no compulsory option aspect and can choose any of the activities on the list.

- Selection for some activities are by audition or trial only so you can select it but that does not guarantee you will get into that activity.
- Once you have been selected for your activity you will be expected to attend all practices, performances and competition events. This includes activities scheduled in Term Four.



## Additional activities

Students are allowed to take part in more than more than the minimum expectation during the same season, although they will need to seek permission from the Head of Culture or Sport to check that they are happy with the extended level of commitment. Students should also check that there are no clashes between intended activities **before** committing.

"I regard it as the foremost task of education to insure the survival of these qualities: an enterprising curiosity, an undefeatable spirit, tenacity in pursuit, readiness for sensible self denial, and above all, compassion." - Kurt Hahn

Year 9 - Select one activity from columns 1 and 2. One of those activities must be a sport, unless prior approval has been given by the Head of Sport.

	_	Compulsory Option 1 It at least one activity from this column (but not the same as Column 1)		Compulsory Option 1 Select at least one activity from this column		Select at least one activity from this column			<b>mpetitions</b> House Captain)
Culture	Debating Junior Drama* Chapel Drama Club Junior Media Club Kapa Haka* Linguistics club Musical Production* Maths Olympiad Vex Robotics Boys Hip Hop Crew* Democratic Society (DemSoc)	Environmental Society QSA Backstage Crew Chess Costumes Writing Club Itinerant Lessons Speech & Drama Lessons	Debating Junior Drama* Chapel Drama Club Junior Media Club Kapa Haka* Linguistics club Musical Production* Maths Olympiad Vex Robotics Boys Hip Hop Crew* Democratic Society (DemSoc)	Environmental Society QSA Backstage Crew Chess Costumes Writing Club Itinerant Lessons Speech & Drama Lessons		Chess Debating			
Music	All the King's Men* Chapel Choir* Cook Island Drumming College Choir* Symphony Orchestra* Premier Concert Band* Rock Bands Little Big Band*	Jazz Combos* Concert Band Itinerant Lessons Speech & Drama Lessons Blues Band Chamber Group* Chapel Band	All the King's Men* Chapel Choir* Cook Island Drumming College Choir* Symphony Orchestra* Premier Concert Band* Rock Bands Little Big Band*	Jazz Combos* Concert Band Itinerant Lessons Speech & Drama Lessons Blues Band Chamber Group* Chapel Band		Big House Music (comp Small House Music*	oulsory)		
Sport	Athletics Archery Cricket Golf Novice Cycling Orienteering	Learn to Row Performance Swimming Sailing Summer Basketball Tennis Water Polo	Badminton Basketball Cross Country Cycling Football Golf Academy	Hockey Rugby Squash Swimming	Multi Sports Ki o rahi Snow Sports Touch (Term 4 only. One team selected) Equestrian (current competing riders only)	Archery Athletics Badminton Basketball Clay Target Shooting Cricket Cross Country (compulsory) Cycling Football	Golf Hockey Rowing Rugby Squash Tennis Touch Tug of War Water Polo		
Service					Multiple different community service initiatives				

<sup>\* =</sup> Requires an audition.

**Bold** = sign up on school box/website required as charges are involved.

Year 10 - Select one activity from columns 1 and 2. One of those activities must be a sport, unless prior approval has been given by the Head of Sport.

	<b>Compulsory Option 1</b> Select at least one activity from this column		Compulsory Option 2 Select at least one activity from this column (but not the same as Column 1)		Optional	<b>House Competitions</b> (if selected by House Captain)	
Culture	Debating Junior Drama* Chapel Drama Club Junior Media Club Writing Club Kapa Haka* Linguistics club Musical Production* Maths Olympiad Vex Robotics Boys Hip Hop Crew*	Democratic Society (DemSoc) Environmental Society QSA Backstage Crew Chess Costumes Itinerant Lessons Speech & Drama Lessons	Debating Junior Drama* Chapel Drama Club Junior Media Club Writing Club Kapa Haka* Linguistics club Musical Production* Maths Olympiad Vex Robotics Boys Hip Hop Crew*	Democratic Society (DemSoc) Environmental Society QSA Backstage Crew Chess Costumes Itinerant Lessons Speech & Drama Lessons		Chess Debating	
Music	All the King's Men* Chapel Choir* Cook Island Drumming College Choir* Symphony Orchestra* Premier Concert Band* Rock Bands Little Big Band*	Jazz Combos* Concert Band Production Band* Itinerant Lessons Speech & Drama Lessons Blues Band Chamber Group* Chapel Band	All the King's Men* Chapel Choir* Cook Island Drumming College Choir* Symphony Orchestra* Premier Concert Band* Rock Bands Little Big Band*	Jazz Combos* Concert Band Production Band* Itinerant Lessons Speech & Drama Lessons Blues Band Chamber Group* Chapel Band		Big House Music Small House Mu	` ' ',
Sport	Athletics Archery Cricket Golf Orienteering Rowing	Performance Swimming Sailing Tennis Track Cycling* Water Polo	Badminton Basketball Cross Country Cycling Football	Hockey Rugby Squash Swimming	Multi Sports Ki o rahi Snow Sport Touch (Term 4 only. One team selected) Equestrian (current competing riders only) *Track Cycling – you must have completed Novice Cycling and Cycling in Year 9 or be a competitive Track Cyclist already.	Athletics Tennis Cricket Touch Archery Water Polo Rowing Badminton Squash	Basketball Hockey Rugby Football Tug of War Golf Clay Target Shooting Cross Country (compulsory)
Service					Multiple different community service initiatives Chapel Choir		
Other					Duke of Edinburgh		

<sup>\* =</sup> Requires an audition.

**Bold** = sign up on school box/website required as charges are involved.

Year 11 - Select one activity from columns 1 and 2. One of those activities must be a sport, unless prior approval has been given by the Head of Sport.

	-	sory Option 1 activity from this column	Compulsory Option 2  Select at least one activity from this column  (but not the same as Column 1)		Optional	<b>House Competitions</b> (if selected by House Captain)	
Culture	Debating Senior Drama* Senior Media Club Chapel Drama Club Kapa Haka* Linguistics club Writing Club Musical Production* Maths Olympiad Vex Robotics Philips Society Boys Hip Hop Crew*	Technique mixed Dance* Girls Hip Hop Crew* Democratic Society (DemSoc) Environmental Society QSA Backstage Crew Chess Costumes Itinerant Lessons Speech & Drama Lessons	Debating Senior Drama* Senior Media Club Chapel Drama Club Writing Club Kapa Haka* Linguistics club Musical Production* Maths Olympiad Vex Robotics Philips Society Boys Hip Hop Crew*	Democratic Society (DemSoc) Technique mixed Dance* Girls Hip Hop Crew* Environmental Society QSA Backstage Crew Chess Costumes Itinerant Lessons Speech & Drama Lessons		Chess Debating	
Music	All the King's Men* Chapel Choir* Female Voice Choir* Cook Island Drumming College Choir* Production Band* Symphony Orchestra* Premier Concert Band* Rock Bands	Little Big Band* Jazz Combos* Concert Band Itinerant Lessons Speech & Drama Lessons Blues Band Chamber Group* Chapel Band	All the King's Men* Chapel Choir* Female Voice Choir* Cook Island Drumming College Choir* Production Band* Symphony Orchestra* Premier Concert Band* Rock Bands	Little Big Band* Jazz Combos* Concert Band Itinerant Lessons Speech & Drama Lessons Blues Band Chamber Group* Chapel Band		Big House Musi Small House Mu	1 1
Sport	Athletics Archery Cricket CrossFit Clay Target Shooting (Current club shooters only) Equestrian (Current competitive riders only) Golf	Orienteering Rowing Performance Swimming Sailing Tennis Touch (Only 1 boys' team and 1 girls' team selected) Volleyball Water Polo	Badminton Basketball Cross Country CrossFit Cycling Football	Golf Academy Hockey Netball (girls) Rugby Squash Performance Swimming	Snow Sports Multi Sports Ki o rahi Yoga (girls)	Athletics Tennis Cricket Touch Archery Water Polo Rowing Badminton Squash	Basketball Hockey Rugby Football Tug of War Golf Clay Target Shooting Cross Country (compulsory)
Service					Multiple different community service initiatives		
Other					Duke of Edinburgh		

<sup>\* =</sup> Requires an audition.

**Bold** = sign up on school box/website required as charges are involved.

## Year 12

	Compulsory Option 1 Select at least one activity from this column		Optional		<b>House Competitions</b> (if selected by House Captain)	
Culture	Debating Senior Drama* Senior Media Club Chapel Drama Club Kapa Haka* Linguistics club Writing Club Make-up Musical Production* Maths Olympiad Vex Robotics Boys Hip Hop Crew*	Democratic Society (DemSoc) Environmental Society QSA Backstage Crew Chess Costumes Asia Committee Technique mixed Dance* Girls Hip Hop Crew* Itinerant Lessons Speech & Drama Lessons	Debating Senior Drama* Senior Media Club Chapel Drama Club Kapa Haka* Linguistics club Writing Club Make-up Musical Production* Maths Olympiad Vex Robotics Boys Hip Hop Crew*	Democratic Society (DemSoc) Environmental Society QSA Backstage Crew Chess Costumes Philips Society Asia Committee Technique mixed Dance* Girls Hip Hop Crew* Itinerant Lessons Speech & Drama Lessons	Chess Debating	
Music	All the King's Men* Chapel Choir* Female Voice Choir* Cook Island Drumming College Choir* Production Band* Symphony Orchestra* Premier Concert Band* Rock Bands	Little Big Band* Jazz Combos* Concert Band Itinerant Lessons Speech & Drama Lessons Blues Band Chamber Group* Chapel Band	All the King's Men* Chapel Choir* Female Voice Choir* Cook Island Drumming College Choir* Production Band* Symphony Orchestra* Premier Concert Band* Rock Bands	Little Big Band* Jazz Combos* Concert Band Itinerant Lessons Speech & Drama Lessons Blues Band Chamber Group* Chapel Band	Big House Music (compulsory) Small House Music	
Sport	Athletics Archery Cricket Clay Target Shooting (Current club shooters only) Equestrian (Current competitive riders only) Golf Orienteering Rowing Performance Swimming Sailing Tennis Touch (Only 1 boys' team and 1 girls' team selected)	Volleyball Water Polo Badminton Basketball Cross Country CrossFit Cycling Football Hockey Netball (girls) Rugby Snow Sports (must be competing regularly) Squash	Multi Sports Ki o rahi Yoga (girls)		Athletics Tennis Cricket Touch Archery Water Polo Rowing Badminton Squash	Basketball Hockey Rugby Football Tug of War Golf Clay Target Shooting Cross Country (compulsory)
Service			Multiple different community	/ service initiatives		
Other	House Leadership Programme Year 12 Leadership Camp (for selected students)		Duke of Edinburgh International Student Exchar Overseas curriculum, service			

<sup>\*\* =</sup> Requires an audition.

**Bold** = sign up on school box/website required as charges are involved.

## Year 13

	Ор	tional Options	•	House Competitions (if selected by House Captain)		
Culture	Debating Senior Drama* Senior Media Club Chapel Drama Club Kapa Haka* Linguistics club Writing Club Make-up Musical Production* Maths Olympiad Vex Robotics Boys Hip Hop Crew*	Democratic Society (DemSoc) Environmental Society Philips Society QSA Backstage Crew Asia Committee Chess Costumes Technique mixed Dance* Girls Hip Hop Crew* Itinerant Lessons Speech & Drama Lessons	Chess Debating			
Music	All the King's Men* Chapel Choir* Female Voice Choir* Cook Island Drumming College Choir* Production Band* Symphony Orchestra* Premier Concert Band* Rock Bands	Little Big Band* Jazz Combos* Concert Band Itinerant Lessons Speech & Drama Lessons Blues Band Chamber Group* Chapel Band		Big House Music (compulsory) Small House Music		
Sport	Athletics Archery Cricket Clay Target Shooting Equestrian Golf Orienteering Rowing Performance Swimming Sailing Tennis Touch Volleyball	Water Polo Badminton Basketball Cross Country CrossFit Cycling Football Hockey Netball (girls) Rugby Snow Sports Squash	Athletics Tennis Cricket Touch Archery Water Polo Rowing Badminton Squash	Basketball Hockey Rugby Football Tug of War Golf Clay Target Shooting Cross Country (compulsory)		
Service	Multiple different community service initiatives					
Other	Duke of Edinburgh International Student Exchanges and Conferences Overseas curriculum, service or sports trips Prefect and Leadership roles Scholars' Common Room (for selected students) Health and Safety Committee					

<sup>\* =</sup> Requires an audition.

**Bold** = sign up on school box/website required as charges are involved.

## **Activity descriptors**

#### Instrument and vocal lessons

King's College students are able to learn a wide variety of instruments or develop their singing in individual lessons from professional musicians and teachers. These lessons take place at a mutually agreed time, with most occurring during the academic day. There is a fee associated with this activity to cover the cost of tutoring. Apply for lessons here.

## **Music theory lessons**

Students wishing to sit external Music Theory exams (such as Grade 5 theory) are able to sign up for theory lessons to prepare them for the exams. Weekly lessons are usually held during lunchtimes. Apply for lessons here.

## **Olympiads**

Subjects such as Mathematics offer tutoring to the very top students for entry into the National and International Olympiad competitions.

#### Student conferences

Each year a delegation of students have the opportunity to attend the Round Square conference to meet young people from around the world connected by mutual interests.

## **Student exchanges**

There are opportunities for student exchanges with overseas schools through our Round Square partnerships. The hosting and any costs of the exchange are the responsibility of the student.

## **Overseas trips**

King's offers a number of tours to overseas destinations. Tours take place during school holidays. These can be curriculum, sport or service related. The major tours tend to occur every second year. Keep an eye out for announcements of Tours occurring this year and next.

Music Tours - these will occur each year with a rotation from different Premier Music Groups from trips to Disneyland and Universal studios in LA to trips to China and Hong Kong for performances.

## **Recycling Programme**

Students can be involved in the school recycling programme, promoting and administering recycling of paper and waste within the school. The Mackay trail runs along the edges of the property through areas of regenerated bush and along side a stream. Students can help by planting trees and bushes, clearing weeds and maintaining the track.



## **Summer Sports**

#### **Athletics**

#### Teacher-in-Charge: Kerry Baker

Students compete in Term One and Four. Selection for the squad to compete at Auckland Zone (students have the opportunity to compete at the North Island Championships and the NZ Secondary Schools Nationals) is based on results at House Athletics.

## **Archery**

#### Teacher-in-Charge: Anna Khun

Archery is a summer sport conducted during Terms One and Four. Those who are selected for the teams after trials are expected to practice twice a week and will have regular weekly inter-school competitions on Wednesdays and Saturdays. There are limited places available.

## **Clay Target**

#### Teacher-in-Charge: John Jackson

Clay Target Shooting takes place in Terms One, Two and Three, King's College has enjoyed considerable success at this sport. Students are expected to attend at least one practice session per week. The King's College team shoots at various different competitions during the year.

Extra costs are involved, including a transport levy of \$250.

#### Cricket

#### Head of Cricket: Dipak Patel

Cricket is played in Terms One and Four. Commitment involves a minimum of two practices a week and a match on Saturday. The higher level teams have more training sessions including a strength and conditioning component, and longer Saturday games. Extra fees of \$500 for 1st XI; \$400 for 2nd XI, 3rd XI and Colts, is for the Elite Pathway Teams.

#### CrossFit

#### Teacher-in-Charge: Wally Rifle

These sessions are for those who want to learn new exercises, movements, and skills in a fun environment through fitness. There will be two compulsory sessions per week.

## **Equestrian**

#### Teacher-in-Charge: Kat Kennedy

The College offers the opportunity for students who already follow the sport to take part in Auckland Secondary Schools' Equestrian events as well as the Inter Collegiate One Day Event, the North Island Secondary Schools' Horse Trial Championships and various other competitions.

#### **Golf Team**

#### Teacher-in-Charge: Omar Gardner

Practices are held at the Auckland Golf club adjacent to the school. Only competitive Golfers should apply and as such should already have a handicap.

## King's Golf Academy

#### Teacher-in-Charge: Omar Gardner

This is an activity available to all students. Summer Golf Academy will run during Terms One and Four, Winter Golf Academy during Terms Two and Three, Students will be expected to attend two coaching/course play sessions per week.

There will be a cost of \$1,725 incl for two Terms and \$3,450 incl for a full year to be in this group. This includes two hours of professional coaching each week.

## **Orienteering**

#### Enquires to the Sports Department

King's College orienteering teams compete throughout the year in the Auckland Secondary Schools' series in a variety of locations around Auckland such as Woodhill Forest near Muriwai, One Tree Hill and the Auckland Domain. Skilled athletes also have the opportunity to compete in the North Island and National Championships Orienteering.

### Rowing

#### Head of Rowing: TBC

The Rowing season runs in Term Four and One, with pre-season activities in Term Three. Rowing has a very high training workload associated with it, with attendance required at multiple sessions each week. The highlight of the season is the Maadi Cup regatta either at Lake Karapiro or Twizel.

There is an extra fee associated with rowing to help cover costs.

## Sailing

#### Teacher-in-Charge: Bryan Sapsworth

Sailing is offered to students of all abilities in Term One with some limited sailing in Term Four. Students sail in a variety of craft and both competitive and learnto-sail programmes are offered. The College sailing programme is managed by the Royal Akarana Yacht Club and student sailors pay a fee for the professional tuition provided.

## **Performance Swimming**

#### Head of Aquatics: TBC

For competitive level swimmers and students who aspire to swim in competitions, King's offers a rigorous training programme comprising of five sessions each week, both before and after school. Training involves both water-based and land-based components.

#### **Tennis**

#### Teacher-in-Charge: Enquires to the Sports Department

King's College enters a large number of teams in the Auckland Secondary Schools' competition each year. The College employs several professional tennis coaches to assist with coaching, most notably King's Old Collegian and ex-Davis Cup player Mark Nielsen. Commitment involves a minimum of two trainings a week and a game on Saturday morning. There is an extra fee associated with tennis to help cover the cost of professional coaching.

#### Touch

#### Teacher-in-Charge: Kevin Putt

King's currently fields four teams - a Senior and a Junior Boys' team and two Girls' teams. Teams are selected by trials and numbers for the squads are limited, with competition for places fierce.

## **Triathlon/Duathlon/Multisport**

#### Teacher-in-Charge: Ro Bairstow

Triathletes compete at a number of Inter-school events in Terms One, Two and Three.

## Vollevball

#### Teacher-in-Charge: Steve Davison

Volleyball is played by Seniors in Term 1. Trainings are after school twice a week. Teams can be entered into competitions. Junior Volleyball takes place in Term 4.

#### **Water Polo**

#### Head of Aquatics: TBC

Water Polo is one of the most popular summer sports at King's. In recent years the school programme has experienced a fair degree of success with several boys being named in NZ representative teams. There are a minimum of two trainings per week either before or after school, and first team players may train up to four sessions per week. Senior matches are played in Term One on Friday evenings and Sunday afternoons. Juniors have three Saturday afternoon tournaments in Term One and play Friday evenings and Sunday afternoons in Term Four.

There is an extra fee associated with Water Polo to cover the cost of one swimsuit and professional coaching.

## Winter Sports

#### **Badminton**

#### Teacher-in-Charge: Michelle Farmouth

Badminton is played in Terms Two and Three. The College runs teams at all levels and these teams compete in the Auckland Secondary Schools Competition. Students are required to attend two trainings per week and play in a match on a weekday after school.

#### **Basketball**

#### Teacher-in-Charge: Craig Macpherson

Boy's Basketball is played in the Winter during Terms Two and Three. The College runs teams in three age group categories: U19 boys, U17 Boys and U15 boys' grades. A Girls' team is also run at U19 level. Places are limited. Trainings are either before or after school, with matches typically on a Tuesday or Thursday night.

## **Cross Country**

#### Teacher-in-Charge: Perry Cunningham

The King's College Cross Country programme begins after the North Island Secondary Schools Track and Field Championships that take place towards the end of Term One. The expected training commitment is three sessions per week with the coach, and then two further running sessions in students own time. The Cross Country team enters various events throughout the year including the NZ Secondary Schools National Cross Country Championship.

## Cycling

#### Teacher-in-Charge: Andrew Walton

Cycling is a winter sport at King's College taking place during Terms Two and Three. Students involved in cycling are expected to train twice a week with the coaches, and also undertake further training sessions by themselves. Riders in the senior squad attend three sessions per week plus additional individual training. The King's cycling team competes in the Auckland Secondary Schools Time Trial series and also enters other big events including the North Island and National Championships. There is a small cost associated with cycling to cover coaching and other associated expenses.

There is also a Mountain Bike Training Group that trains during the week and competes on Sundays.

#### **Football**

#### Head of Football: Ben Hill

Football is played in Terms Two and Three, with the College regularly entering nine boys' teams and either one or two girls' teams into the Auckland Secondary Schools' competition. Students will have two training sessions per a week and a game on Saturday morning. Students in senior teams will have additional training sessions each week and will also be expected to complete a strength and conditioning component of training.

## Hockey

#### Head of Hockey: Simon Norton

Hockey is one of the College's most successful winter sports. King's College has won the prestigious National Rankin Cup Tournament in 1999, 2005, 2011 and 2012 and regularly places in the Top Four teams. Players will have at least two practices a week and a game on a weekday evening. Students in senior teams will have additional training sessions each week and will also be expected to complete a Strength and Conditioning component of training.

#### Netball

#### Teacher-in-Charge: Leah Salt

Netball is a popular sport for girls at King's College and is played in Terms Two and Three. The College enters up to seven teams in the Auckland Netball Association. competitions with teams training twice a week and playing matches on Saturday morning at the new Morrin Road Courts in Glen Innes. Students in senior teams will have additional training sessions each week and will also be expected to complete a Strength and Conditioning component of training.

## Rugby

#### Head of Rugby: Scott Palmer

Rugby (Boy's only) has a long and successful tradition at King's College. The popularity of rugby is testament to the school's outstanding success over the years and our reputation as one of the leading Rugby schools in the Nation. Students will have at least two practices a week and a game on Saturday morning. Students in senior teams will have additional training sessions each week and will also be expected to complete a strength and conditioning component of training.

## **Skiing and Snow Sports**

#### Teacher-in-Charge: Steve Davison

The College enters a ski and snow board team in the annual North Island Secondary Schools' Championships each year and has enjoyed considerable success. The College team regularly finishes in the top five teams and has won the national title on three occasions. The team for this event is selected after a pre-season trial held at Snow Planet. No school training commitment is required.

## Sauash

#### Teacher-in-Charge: Jacob Samuel

Squash is played in Terms Two and Three. King's College usually fields two junior and two senior teams and a Girls' team. Students are expected to attend a training session each week and play in a match after school.

### Culture

#### Asia committee

#### Teacher-in-Charge: Emma Featherstone

A selected group of mainly Year 13 students and some Year 12s who enjoy developing cultural events for our vast Asian and South East Asian communities; from the Lantern Festival to the Holi Colour Run. This group meet each week.

## **Backstage and Technical Team**

#### Teacher-in-Charge: Glenn Howell

With three major productions held each year, and two House music events (one held at Spark Arena) there are many exciting and very important roles to be fulfilled behind the curtain. Roles include stage manager, backstage crew, lighting operator, sound operator and more. You need to be available for scheduled lunchtime training sessions, and have full commitment in the weeks leading up to productions. Experience preferred, but not essential if the prospective students possess the right attitude, determination and focus.

## **Chapel Drama Group (CDG)**

#### Teacher-in-Charge: Gareth Walters

Do you have a love of performing? Do you like to use your acting, drama or singing talents to bring life to others? Then come and audition for the Chapel Drama Group. This coming year we'll be workshopping together some fun skits and sketches to bring life to our Chapel Services. Don't be like that person who went and buried their 'talents' in the ground, come and see Rev Walters and use your creativity in a fun, supportive and life-giving way!

#### Chess

#### Teacher-in-Charge: Matt Buckley

The Chess Club is for those wanting to learn how to play; to develop their Openings, Midgame, and End Game: to represent their House and School, to play a game of Chess and meet new people; to play in a Regional or National (Premier Team only) Tournament. Open to all Year groups, Chess Club is held on Tuesday and Thursday lunchtime each week during Terms 1, 2 and 3.

## **Costumes (School Service)**

#### Commitment: Terms 1-3. Teacher-in-Charge: Alice Hamilton

No production would be complete without authentic costuming. Help source, create and manage the costumes involved in all the three major productions. You need to be available for all dress rehearsals and show nights, as well as some fittings prior to the production run.

#### **Dance Clubs**

Commitment: Varied depending on the club. 1 rehearsal per week. Teacher-in-Charge: Trudy Dobbie

Kings provides a variety of dance clubs; hip hop, technique and boys group. Students will have the opportunity to prepare work and present this at the dance show and external events.

## Debating

#### Teacher-in-Charge: Nushi Wijewardena

King's competes in the Auckland Schools Debating competition. Auditions are held early in Term One for positions in the five grades: Junior Open, Premier Junior, Senior Open, Advanced Open and Premier Advanced. This competition runs in the evenings, fortnightly for Terms One to Three, Practices are held during Friday lunchtimes and other times by arrangement with your coach.

## **Democratic Society (DemSoc)**

#### Teacher-in-Charge: Grant McKibbin

DemSoc is a part of the Round Square here at King's. The club gets involved in issues regarding democracy and we take an interest in world affairs. We also organise our own in-school democratic voting activity. It's a great way for people to find out about how democracy works, and also meet other people who are interested in politics, voting and world issues.

#### **Junior Production**

#### Teacher-in-Charge: Suli Moa

A show for students in Year 9 and 10 who would like to develop stage craft and theatrical disciplines - rehearsals and show are Term 3.

## **Senior Production**

For Year 11, 12, and 13 students rehearsals and show are Term 2 - if you enjoy the stage and presenting in a unique way then Senior production is for you to develop your skills.

### Kapahaka

#### Commitment: Term 1. Teacher-in-Charge: Lia Te Wao

Kapahaka here at King's College provides opportunities for ākonga (students) to engage in Māori culture, language and traditional practice. Ākonga who participate in the ASB polyfest that is held every year here in Tāmaki Makaurau (Auckland) are able to also utilise this experience to gain NCEA accreditation. We are currently in Division 1 for ASB Polyfest and this is due to the determination, commitment of our akonga, the ongoing support of their whanau (family) and the support of the kura (school). Throughout the year Kapahaka will be involved in a wide range of events within the school, leading auspicious events such as Matariki, Te Wiki o Te Reo Māori and Senior Prizegiving as well as attending community events to perform. Everyone is welcome to join Kapahaka group and look forward to building a rich culture of Kapahaka here at Kings College.

## **Linguistics Club**

Commitment: Term 1.2.3 lunchtime. Mondays. Teacher-in-Charge: Maria Lamberto

Fascinated by the intricacies of languages and their common threads? Join us at the Linguistics Club. Don't be intimidated if you don't know a second language; linguistics, as a subject, revolves around logical thinking. We explore the inner workings of both familiar and unfamiliar languages across various areas. Our activities range from enjoyable guizzes covering different aspects of linguistics to puzzles and interwoven introductions to various linguistic concepts. The club is open to students of all year groups, and meetings will be held every Monday lunchtime in terms 1, 2, and 3.

## Make-up

#### Commitment: Term 1-3. Teacher-in-Charge: Jasmine Johnson

The make-up crew look after all the make-up requirements of the three major productions; you need to be available for all dress and technical rehearsals, as well as for the production run. Training is often offered.

### **Maths Olympiad**

#### Teacher-in-Charge: May Meng

The Maths Olympiad Club has a goal of expanding students' horizons beyond the standard secondary-school curriculum. We aim to train students to compete at the national level, with the ultimate aspiration of representing our school in the International Mathematics Olympiad. We will hold weekly Wednesday lunchtime tutorials in AR13. No entry requirement.

#### **Media Club**

#### Teacher-in-Charge: Jasmine Johnson

Media Club offers a space for creatives to delve into creating media content. Ranging from script writing, storyboarding, filming and editing, students are consistently creating short films and video content which goes on the Media Club YouTube Channel or in a range of film competitions. Photographers are also welcome as there are several opportunities to liaise with our marketing team for great photo content on our social media platforms. Media Club is run all year round, and we meet on Wednesdays after school in the Media room - S13.

## **Photography Club**

#### Teacher-in-Charge: Jasmine Johnson

Photography Club offers opportunities for students to take beautiful photos of a range of school activities and use the social media platforms to connect with our King's College community. Applying for photography competitions is also highly encouraged.

#### **Musical Production**

#### Teacher-in-Charge: Emma Featherstone

If you've ever dreamed of belting out show-stopping tunes, captivating an audience with your moves, or crafting the magic behind the scenes, the time is now! Join the cast, and creative minds behind King's College Glee Club. Rehearsals and show is Term 1.

## **Phillips Society**

#### Teacher-in-Charge: Sharon Lofroth

The Phillips Society is a student-led group with the aim to generate an interest in the Commerce field by providing insights into business excellence and entrepreneurship. The group invites a variety of inspirational people to discuss issues from a business perspective in the NZ and global economy and also learn more about practical implications of the business environment and their impact on the way business is done. Selected Year 12 and 13 students will be invited to form a committee each year with the purpose of organising guest speakers throughout Terms 1, 2 and 3 for interested students to interact with.

## **Philosophy Club**

#### Teacher-in-Charge: Grant McKibbin

This is an exciting and thought-provoking activity. If you are interested in the big issues of life, the big questions around existence, and generally want to engage in intellectual debate, then this is the club for you. We meet once a week and thrash out the big questions. We also take part in the Ethics Olympiad and are always successful in the activity. If you like, debating, but also like having fun with ideas, come to Philosophy Club!

## **Props Team**

Teacher-in-Charge: Hope Nelson

This groups creates and supports all shows with props required for them - for glee as well as drama and dance shows.

## **Round Square: Environmental Society**

Teacher-in-Charge: Ronel Barlow

The Environmental Society is dedicated to improving King's College environmental impact on our grounds. Students are committed to improving the recycling program in the school, with a view to reducing and eventually eliminating paper and plastic waste in our school. We are the custodians of the Kings beehives and will be adding to the flower garden surrounding the hives in 2024. The environmental society will be offering education and various activities from the Round Square caravan throughout the year. We always welcome new faces and willing bodies - come and find out more about what YOU can do for your immediate environment!

## **Round Square: International Society**

Teacher-in-Charge: Jasmine Kovach

The International Society is part of Round Square. Group members have a keen interest in international relations and diplomacy. As well as lunchtime discussion meetings, members take part in UN Youth events, like Model United Nations, and organise events where students can meet with interesting speakers. A highlight of 2023 was listening to the experiences of a panel of diplomats from New Zealand, Australia, and Japan, and hearing about their career trajectories and highlights. All year groups are welcome to join the International Society.

## **Sheila Winn Shakespeare**

Teacher-in-Charge: Matt Kidd

The University of Otago SGCNZ Sheila Winn Shakespeare competition is an opportunity for students to explore the works of William Shakespeare on stage and bring their own interpretations to these works. In 2024 we will be supporting Student Directed pieces through to the regional competition at the end of Term One. Mr Kidd has been to the Globe Theatre twice to study Shakespeare performance and had students from Lindisfarne College attend the National Finals in Wellington on five occasions.

## **Speech and Drama**

#### See more about lessons here.

Improve your confidence with Speech and drama lessons from an outside professional. Students work toward sitting the Trinity Guildhall examinations. Lessons take place during the academic day. There is a fee associated with this activity to cover the cost of tutoring. Study includes speech clarity and confidence, presentation techniques, listening skills and drama and verse speaking. Students may wish to focus solely on either drama or communication skills.

## **Student Health. Safety & Wellness Committee**

Teacher-in-Charge: Jane Busby

The Student Health, Safety & Wellness Committee is a group of young people passionate about providing a voice and being involved in decisions and projects that affect the health and safety of young people. Guiding Principles: 1, Assist the school in creating a safe learning environment; 2, Promote, advocate, and develop wellness at King's College; 3, Embrace a culture of health, safety, and wellness at the College.

#### **Vex Robotics**

Teacher-in-Charge: John Bennet

Excited about building your own robots to complete challenges, and competing against other schools? Vex robotics is the world's largest robotics competition and gives the opportunity to develop some great skills in design, engineering, coding, strategy and driving. The scrimmages happen mostly in Terms 2 and 3 culminating with the Nationals at the start of Term 1 the following year, Requires a commitment to spend time with your team, building your robot and learning some basic skills, as well as for scrimmages.

## **Writing Club**

Teacher-in-Charge: Mrs U. Delport

Students will meet each week to share ideas around written communication and to learn to write different genre's of written work from biographical journalism to creative and expressive writing. Some of the best of these pieces of written work will be published in the Echo magazine at the of the school year. We also hope to visit the Writer's Festival 2024.

### Music

## Choirs

#### All the King's Men

#### Teacher-in-Charge: Steven Rapana

An auditioned male-voice choir for tenors and basses (no treble voice), that specialises in singing modern and contemporary repertoire. This group has weekly rehearsals and performs at a variety of different events through the year, including the annual Big Sing Competition and Music Showcase concert. Rehearsal times are TBC.

#### College Choir

Teachers-in-Charge: Steven Rapana and Rachel Alexander Sutherland An auditioned SATB advanced chamber ensemble. Solid musicianship and previous experience required. Rehearsal times are TBC.

#### Chapel Band

#### Teacher-in-Charge: Gareth Walters

Are you a gifted musician (singer, guitarist, drummer, pianist, bass player etc.) who has a heart for The Chapel and desires to bring new and contemporary music into the life of our Chapel services? Then we would love you to audition for the Chapel band for 2024. The Chapel Band is a community of musicians and singers who practice on a Friday after school and who learn together in a supportive environment to serve our Chapel services on a semi-regular basis. Availability on a Friday after school and Sunday evenings during term time is a pre-requisite. Come and ioin us.

#### Chapel Choir (School Service)

#### Teacher-in-Charge: Steven Rapana

The Chapel Choir performs regularly at Chapel Services throughout the year providing music for worship. They have weekly rehearsals and in addition to the chapel commitments also perform at the annual Big Sing Competition and Music Showcase concert. Although this choir is not auditioned, the choir directors would like to hear all voices to help with placement. Rehearsal times are TBC. The choir sings at several Sunday chapel services each term.

#### **Cook Islands Drumming**

#### Teacher-in-Charge: Teena Tamati

Embarking on the rhythmic journey of Cook Island drumming is an exhilarating experience for students! Beyond the vibrant beats and infectious energy, it serves as a captivating way to explore diverse cultures and traditions. Encouraging students to embrace this unique form of musical expression not only enhances their appreciation for cultural diversity but also fosters teamwork, coordination, and a deep sense of rhythm. Cook Island drumming is more than just music; it is a celebration of heritage and a powerful avenue for students to connect with a rich cultural tapestry while creating a harmonious and collaborative learning environment. Come and explore the mesmerizing world of drumming, an engaging and enriching journey awaits.

#### Upper Voice Choir

Teachers-in-Charge: Steven Rapana and Rachel Alexander Sutherland A choir for those who sing in upper register and would like to develop vocally and musically in a smaller more concentrated group

#### **Orchestras**

#### Symphony Orchestra

#### Teacher-in-Charge: Emma Featherstone

Embark on a musical adventure that extends beyond the notes on the page - join the King's College Symphony Orchestra and let your instrument be the conduit for lifelong friendships, personal growth, and the creation of musical memories that will resonate throughout your college years. Includes 2 rehearsals per week and entry into Competitions and Festivals

#### **Bands**

#### Premier Concert Band

#### Teacher-in-Charge: Emma Featherstone

If you've honed your skills to a grade 4 proficiency or higher and are committed to the pursuit of musical excellence through private lessons, this is your chance to shine. Audition for the Premier Concert Band and become part of a select group that thrives on precision, passion, and the sheer joy of making music at its finest. Competitions, Tours and Festivals are part of the PCB to lift your College life.

#### Little Big Band

#### Teacher-in-Charge: Chris Artley

Little Big Band is an auditioned high-level jazz ensemble of around 20 players, which is directed by Mr Chris Artley. In 2023 they had considerable success, obtaining a Gold award at the 2023 National Jazz Competition in Tauranga, a Platinum award at the Auckland Jazz Competition and a Gold award at the KBB Music Festival. They were also one of only four bands to be invited to perform at the prestigious KBB Music Gala Concert. They rehearse once a week on a Thursday morning before school and usually have two or three workshops in the first part of the year.

#### Chamber Group

#### Teacher-in-Charge: Chris Artlev

Chamber Music groups (usually trios and quartets) are auditioned and open to experienced instrumentalists. They rehearse once a week in Terms 1 and 2, with additional practices called close to the NZ Chamber Music Competition, which takes place in early June. In addition to competing the groups are invited to perform at various functions during the school year. Please contact Mr Chris Artley for more information.

#### Concert Band

#### Teacher-in-Charge: Harmen VanHoorne

No auditions, no stress - just a weekly rendezvous with the joy of making music together. Whether you're a seasoned player or picking up your instrument for the first time, the Concert Band is the perfect place for you to harmonize, learn, and create lasting musical memories.

#### Burtones

#### Teacher-in-Charge: Gary Burton

The 'Burtones' are the top group in the Rock programme. The music selection is student led, including the styles of rock, reggae and jazz. It is for the most talented and dedicated students and relies a great deal on the ability to improvise. They perform a variety of gigs throughout the year, including music festivals, corporate. and charity events. They tour internationally every two years.

Rehearsals are held on Wednesdays after school.

#### Blues Band

#### Teacher-in-Charge: Gary Burton

This is an auditioned band that rehearses once a week on a Monday morning. This band enables students to improve their improvisation skills. They have two major concerts each year, at The Tuning Fork.

#### **Rock Bands**

#### Teacher-in-Charge: Ged Leicester

The Rock Band program is for all age groups and abilities, Students are auditioned at the start of the year, and all students are put in a band where possible. Some students choose to be in a band with their friends. The bands continue on from year to year. We have two major concerts for the rock program in the Tuning Fork ( part of Spark arena) every year. We have over 60 musicians and vocalists in the program.

#### **Jazz Combos**

#### Teacher-in-Charge: Emma Featherstone

Jazz Combos are for seasoned musicians who like to collaborate and compete at National Levels in Jazz Music. Often invited to perform at events around the City as well as represent the College on a Nationals Stage. Auditions are required.

#### Other

## **Duke of Edinburgh**

#### Teachers-in-Charge: Mark Kennelly and Rachel Jones

The Duke of Edinburgh Scheme is a well established, internationally recognised qualification that requires competency across Adventure, Skill, Service and Physical activity. Year 10 students are automatically entered for Bronze level but it is up to them to ensure they get each strand signed off. Silver and Gold awards are optional and there is a small fee covering the cost. The Gold award also has a residential component. The Gold award is presented by the Governor General at Government House.

The Duke of Edinburgh's Hillary Award equips rangatahi for promising futures by challenging young people to develop skills and tools to improve themselves - and their communities.

#### Year 12

Selected students take part in a five day Leadership course. All students attend leadership seminars in their respective Houses.

#### Service

Students are strongly encouraged to participate in our community service programme run through the Chapel team.

#### **Scholars' Common Room**

This group is limited to the top academic students in Year 13 and has a common room upstairs in the Centennial Building.

## **Library Assistants**

Students interested in supporting our Library Team should contact Mr John Cummins as Head of Library.